

La **R**ose des **V**ents



Office municipal
d'habitation
de Montréal

Office municipal d'habitation
de Montréal Tenant Newsletter

December 2024
Volume 22 No 1

WORKING TOGETHER to build today and tomorrow



Includes
detachable
2025
calendar

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The OMHM offices will be closed on **December 24, 25 and 26** as
well as on **December 31, January 1 and 2.**

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Offices CLOSED

Please note that all Office municipal d'habitation de Montréal (OMHM) offices will be closed on **December 24, 25 and 26** as well as on **December 31, January 1 and 2**.

QUESTIONS, COMMENTS OR SUGGESTIONS?

Write to us!
rosedesvents@omhm.qc.ca



Office municipal d'habitation de Montréal

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Pierre Choquette, directeur général adjoint — Développement, stratégies et communications, (Assistant Executive Director of development, strategies and communications), Patricia Viannay, coordonnatrice (Coordinator), Fédération des locataires de HLM du Québec (FLHLMQ), Tina-Lili Gagné, présidente (Chair) of the CCR, and Isabelle Pépin, directrice générale (Executive Director) of the OMHM, at the CCR's annual general meeting on November 7, 2024.

Dear tenants,

As 2024 draws to a close, I would like to take a moment to thank you for all the exchanges we've had. The feedback you share through tenant associations, the Comité consultatif des résidents (Advisory Committee of Residents or CCR) and through direct exchanges, is at the heart of our actions. Your concerns, ideas and suggestions directly influence the decisions we make to improve the quality of life in our buildings and neighbourhoods.

2024 was very productive in many respects and it is important to look back at some of the successes of the past few months to highlight what has been done.

First, with record investments of nearly \$175 million, we have completed work on even more units and buildings. These renovations, while essential, can sometimes be disruptive, and I want to sincerely thank you for your patience. Thanks to your understanding, we are able to build living environments that better meet your needs.

Safety in low-rent housing has also been a priority. In response to the concerns expressed by the CCR, we organized an initial Forum on low-rent housing safety, which brought together tenants, police representatives, community partners and members from the City of Montréal. This forum paved the way for constructive dialogue and concrete initiatives to improve safety in our living environments.

You also expressed the need for easier access to our services and quicker answers to your questions. We heard you and are currently reviewing our processes so we can better support you. The upcoming changes are designed to improve the quality of our services and make things easier for you.

Finally, collaboration was truly this year's driving force. From discussions at the CCR's annual general meeting to the community initiatives you lead with energy and dedication, the entire OMHM team is inspired by your commitment. Together, we are helping to strengthen bonds in our neighbourhoods and create an environment where everyone can thrive.

As the year draws to a close, I extend my warmest wishes to you all. I hope this holiday season is filled with joy, health, and well-being for you and your loved ones. On behalf of the entire OMHM team, I would like to thank you for your trust and cooperation. We hope that 2025 will be a wonderful year, marked by collective success and a spirit of solidarity.

Cordially,

A handwritten signature in blue ink that reads "Isabelle Pépin". The signature is fluid and cursive, with a long horizontal stroke at the end.

Isabelle Pépin,
Executive Director



Tenants are full-fledged partners: making sure the **positive impact** of your work is recognized

More and more of you are getting involved with the OMHM and your community partners through projects that benefit your neighbours, your building and your neighbourhood. These projects are also increasingly organized and involve more and more people.

Since the launch of the Bloc Net initiative in 2017, and thanks to initiatives such as the Building Ambassadors project, many projects have emerged, often from your sector committees: Habitations propres, Bonjour, bonsoir, les sentinelles, En vert et avec tous, etc. These projects offer support and resources, improve your living environments and encourage individual and community engagement.

Promoting these projects and their benefits is key to encouraging others to support them, continue to work on them, or create new ones. That is why, in the coming months, in collaboration with the Comité consultatif des résidents (CCR or Advisory Committee of

Residents), we will be launching a major communications campaign that will target all tenants, tenant associations, OMHM staff and community partners. More details about this campaign will come soon, but we can already share the slogan: “**Tenants are full-fledged partners**”.

All these inspiring projects that you initiated could not exist without the collaboration and support of tenant associations. We will highlight this valuable contribution during our campaign. In the meantime, a big thank you to all of you, since you as tenants have shown outstanding commitment that makes all the difference!

Improving safety in low-rent housing: a common goal and **concrete actions**



In response to a need expressed by several tenants, the Office municipal d'habitation de Montréal (OMHM) organized a day-long forum to talk about safety in low-rent housing. On October 10, about 100 people attended, representing tenant associations, community organizations in your living environments as well as several institutions such as the City of Montréal and the Service de police de la Ville de Montréal.

The goal was to come up with ideas for making housing even safer for everyone, where everyone feels really at home. As Isabelle Pépin, directrice générale (Executive Director) of the OMHM, said at the start of the day, “we must work together to improve everyone’s safety and well-being in all environments and for all low-rent housing tenants in Montreal.”

Inspiring tenant projects

Throughout the day, people from all groups shared their ideas on improving safety. Tenants presented inspiring projects, that they had often organized themselves, such as the Building Ambassadors project, which aims to improve the safety and cleanliness in a building through mutual aid. They highlighted the number of tenant associations that are actively engaged, as well as the impact they have. As Marie-Soleil Hamelin, secrétaire (Secretary) of the Comité consultatif des résidents (Advisory Committee of Residents or CCR) stated: “I am just one member of the CCR, but I represent thousands of low-rent housing tenants.”

One of the key findings highlighted during the day was the fact that it is beneficial for everyone to include tenants in planning and decision-making about their building, especially when it comes to safety. It’s a team effort!

Continuing to work together

At the end of the day, Rouzier Métellus, adjoint à la direction générale (Assistant to the Executive Director) of the OMHM, summarized the discussions well: “When we work together in a well-structured way, we have the power to make a difference.” Attendees agreed to create a safety task force that will include all organizations and institutions so that tenants can feel safe at home, in their community and in their neighbourhood. More information will be available shortly.

The underlying consensus of the day was clear: more than ever, safety in our buildings and neighbourhoods is everyone’s business!



Review of the annual general meeting of the Comité consultatif des résidents (CCR or Advisory Committee of Residents):

Better Ways of Working Together



On November 7, the OMHM's CCR held its annual general meeting (AGM). Last year, the CCR focused on partnerships and the leadership of associations. This year, it chose to focus on the teamwork at the very heart of those associations. The CCR's goal, as stated in their theme "Better Ways of Working Together", was for tenant committee members to collectively find better ways to collaborate. They did exactly that, and in a very fun way!

A morning devoted to theatre and learning

The meeting began with the presentation of a play written and performed by CCR members. The parody of a tenant committee meeting turning into complete disaster highlighted a dozen behaviours that hamper collaboration, such as gossiping, being closed to other peoples' ideas or being disrespectful. These behaviours were called "poisons". The talented actors had the audience in stitches, which is one of the best ways to reflect and learn!

A collaborative exercise

Attendees were then divided into 10 workshops, each team being coordinated by a community organizer. Their mission was to detect the poisons highlighted in the play. Each team then shared the results of their reflections with the rest of the group, and then listed the poisons they had found.

Discussions and solutions

After lunch, Isabelle Pépin, directrice générale (Executive Director) of the OMHM, was invited to speak to the group. The audience was thrilled to hear her share uplifting news about the improvements made to several low-rent housing buildings and the OMHM's desire to bring its services closer to tenants and the buildings they live in.

The afternoon was spent finding solutions, or "antidotes" to the "poisons" found in the morning. The associations worked together to propose solutions, all of which will be added to a compendium of best practices that will be distributed to all associations.

Active participation

80 attendees, 60 of whom represented tenant associations, actively participated in the AGM. The high number is an indication of the relevance of the subject chosen. Many overcame their shyness to address the whole gathering.

An exemplary committee with strong leadership

Over the course of this day filled with discussions and learning opportunities, the CCR demonstrated its leadership by underlining the importance of tenant collaboration. As Tina-Lili Gagné, présidente (Chair) of the CCR clearly stated, "Strength comes through unity"!

The AGM was brilliantly led by the members of the organizing committee: Tina-Lili Gagné, Carole Guilbault, Marie-Soleil Hamelin, Marc Gagné and Ludmila Namts. All attendees acknowledged their great work. Among them was Josée Lafrenière, a consultant supporting the CCR, Patricia Viannay, the coordinator of Fédération des locataires de HLM du Québec (FLHLMQ), and about fifteen OMHM members, including, in addition to Isabelle Pépin, Pierre Choquette, directeur general adjoint — Développement, stratégies et communications (Assistant Executive Director of development, strategies and communications), and Patrick Benjamin, directeur de l'organisation Communautaire (Director of Community Organization).

This AGM was a real success and a clear indicator of the importance of working together for the well-being of all tenants.



Need some help?

To obtain help, contact the Associations coopératives d'économie familiale (ACEF). They provide tools to help people experiencing financial difficulties budget more effectively. Or contact Option consommateurs, which provides free and confidential budget consultations: 514-598-7288.



A summer filled with **activities**



A special screening at Habitations Simone-Léveillé
The screening of the documentary films *D'égal à égal* and *Faire communauté* at Habitations Simone-Léveillé beautifully showcased the tenants' engagement in low-rent

housing. The films were produced as part of the Focus sur le logement public dans l'espace francophone project at the Université de Sherbrooke. The documentaries feature stories told by tenants and which sum up the positive impact active participation has both for ourselves and for our neighbours.

A successful day of planting

Planting day at Habitations Cartier-Chabot was a great success. Now tenants can enjoy gardens and vegetable gardens in their backyard!



The tenant association has transformed a common space into an even more enjoyable place that is full of life! This achievement demonstrates the power of collaboration and determination in creating lasting, positive change in our communities.



The film *Les Voix de la sagesse*'s artisans on tour!

Residents Marie-Josée Lafontant, Raymonde Muse and Manon Thibault have participated in what became a short tour of *Les Voix de la sagesse*, a documentary film

they helped produce. They were first the stars of the "Canes" film festival (like the candy!) organized at the Manoir Gouin. Then they took part in a screening and exchange session at the 2024 Vues d'Afrique festival. Finally, they were invited to a similar screening organized for OMHM staff. The experience was a huge success, and all of the staff were moved by the film and the testimonials. General comment: "This kind of event brings us back to the core of our mission and reminds us why we work at the OMHM. Thank you!"

Podcast: Richard Gagné, a committed tenant



Richard Gagné, former chair of the CCR, is a guest speaker on the second episode of the podcast series *Paroles et savoir des locataires*, produced by Focus sur le logement public dans l'espace

francophone. In the words of its director, historian Jean-François Vachon, "listening to Richard allows us to understand his insights and the carefully considered observations of a man who has been concerned about the conditions for tenants in low-rent housing for nearly eight years. [...] Transformed by 'the wealth of human experiences' he has had since moving to a low-rent housing building, Richard re-examines what he calls 'our pre-conceived judgements'". It's worth listening to the podcast on Spotify, Apple Podcasts or <https://offices-habitation.usherbrooke.ca/balados/>



The Habitations De Montmagny tenant committee wins an award for its citizen initiative project!

The tenant committee, made up of Christine, Claude and Suzanne, is proud of its accomplishments over the past year! The trio are especially

thrilled with an award they received for their citizen initiative to beautify their environment. The committee would like to extend a heartfelt thanks to all volunteer tenants who collaborated on the project: Vicky, Sharon, Gloria, Jeannine, Normand, Monique, Andrée, Robert, Claude, John and many others. Several of these tenants gathered for a lovely Halloween party, as shown in the photo on the next page.

Âge-issons contre l'intimidation



Tenants from Habitations Saint-Georges and Habitations Boyer proudly showed off their collective works on the topic of bullying to peers and OMHM and City of Montréal representatives at various ceremonies. The Centre des Aînés de Villeray spearheaded a collaborative painting project with artist Anne-Marie

Bouchard. The paintings will be permanently displayed in the common areas of the residences so that all tenants can enjoy them and will encourage exchanges that will improve communal living.

Congratulations to the tenants for their commitment and contribution to a safer and more inclusive environment!

CELEBRATING TOGETHER

Halloween is a unique opportunity to dress up, surprise others... and indulge in all those treats. In many OMHM buildings, tenants made the most of the occasion!

Halloween



Habitations De Montmagny

Habitations Sainte-Brigide



Habitations Papineau A



First anniversary of the HBP tenant association of Habitations Papineau A!

On October 4, 2024, the HBP tenant association of Habitations Papineau A celebrated the first anniversary of its creation! According to Marc Gagné, président (Chair) of the association, "the event was put on to bring people together and it was a great success!"



GOOD TO KNOW

A new Canadian Dental Care Plan



Under the new Canadian Dental Care Plan, you may be able to get free or low-cost dental care.

Currently, the following groups of people are eligible for the plan:

- Seniors aged 65 and over
- Children under the age of 18
- Adults with a valid federal Disability Tax Credit certificate for 2023

Accessibility to the plan will be expanded to include other groups of citizens in 2025. Your coverage may vary depending on your income.

For more information or to complete the application form, visit the Dental Care Plan website: <https://www.canada.ca/en/services/benefits/dental/dental-care-plan.html>



Share your photos!

Would you like to share photos of events organized in your buildings in La Rose des vents or on the OMHM's Facebook page? Please send your photos along with a short text describing the event to the following address: rosedesvents@omhm.qc.ca.

Elections to the Comité consultatif des résidents



Members of the Comité consultatif des résidents (CCR or Advisory Committee of Residents) met before the summer break. At the back, from left to right: Tina-Lili Gagné, Marc Gagné, Gérald Dallaire, Chantal Danault (FLHLMQ representative), Suzanne Ranger, Amhed Drissi, Suzanne Payant, Danielle Dupéron, Ludmila Namts, Silvia Rocha, Badia Basser, Robert Rodrigue, José Lafrenière (CCR support). At the front: Tat Hoa Tran.

This spring, during the meetings of the sector committees that represent you, tenant associations elected seven tenants to sit on the Comité consultatif des résidents (CCR or Advisory Committee of Residents) until 2026. Half of the CCR is therefore sitting on this committee for the first time.

Prior to the election, Mr. Laverdière, who has been a member of the CCR for several years, proposed that those who are interested to become candidates come to meetings to better understand what committee members do.

In addition, new members will receive support and training from former CCR members as well as OMHM staff and the Fédération des locataires en HLM du Québec (FLHLMQ).

“I’m really impressed that so many tenants have put themselves forward as candidates. Congratulations to all candidates and to the elected officials. The desire to mobilize tenants is very strong,” says Diana Delgado, organisatrice communautaire (Community Organizer), with pride.



Did you know that in Montreal, when you live in low-rent housing, there is a team of tenants working for you? The CCR deals with issues that concern all low-rent housing tenants: safety, work on housing, community projects, etc. It assesses the needs and priorities from a tenant’s perspective and makes recommendations

to the OMHM Board of Directors. You can contact the CCR at the following address: ccr.mtl@gmail.com.

SECTOR	SENIORS REPRESENTATIVE	FAMILIES REPRESENTATIVE
A	Suzanne Ranger Habitations De Montmagny	Ludmila Namts Habitations De l'Église
B	Carole Guilbault Habitations La Seigneurie des Rapides	Badia Basser Habitations Parc Royal
C	Amhed Drissi Habitations Côte-Des-Neiges	Adel Ben Mabrouk Habitations Walkley
D	Tat Hoa Tran Habitations Crémazie	Danielle Duperron Habitations André-Grasset
E	Gérald Dallaire Habitations Saint-Georges	Marie-Soleil Hamelin Beaucage Habitations Robert-Papin
F	Benoît Laverdière Habitations J. Ernest-Paquin	Robert Rodrigue Habitations Madeleine-d'Ailleboust
G	Marc Gagné Habitations Papineau/Beaudry	Tina-Lili Gagné Habitations Saint-André
Tenant members elected to the OMHM Board	Silvia Rocha Habitations Sainte-Brigide	Suzanne Payant Habitations De l'Érablière

Much needed **major work**

Funding continues to increase for major renovations in low-rent housing. In 2024, the Office municipal d'habitation de Montréal spent a historic \$175 million in work on its buildings. Among the hundred or so projects underway this year, we would like to present the following three:



HABITATIONS SAINT-ANDRÉ

144 apartments in the Ville-Marie borough

Work began in summer 2023 and is expected to be completed in spring 2025. All tenants have been temporarily relocated.

The building had many problems, and both the interior and the exterior have been almost completely renovated.



HABITATIONS SAINT-HUBERT

43 apartments in the Ahuntsic-Cartierville borough

Work began in March 2024 and is scheduled to be completed in spring 2025. The work is carried out with tenants living in the building.

We are redoing the landscaping and repairing brickwork in several areas.

We are also replacing:

- exterior doors
- windows
- balconies and the French drain (to evacuate water around buildings)
- a potentially dangerous alleyway with a walking path and greenery.



HABITATIONS WORKMAN-NOTRE-DAME

74 apartments in the Sud-Ouest borough

What a relief! Work on the buildings on Notre-Dame Street, which had to be stopped in the spring of 2023, resumed this fall and will be completed in the fall of 2025.

We are repairing the brick wall.

We are replacing:

- stairs
- doors
- sidewalks
- windows
- balconies
- the ventilation system

We are refurbishing six vacant apartments. All the landscaping at the front and back of the building will be redone.

Is your tap water discoloured? Here's what to do.

If your water is

YELLOW, BROWN, GREY or RED

> Cause:

This is often due to a small amount of rust in the water pipes. Discoloured water can appear when work is done on the water distribution network.

SOLUTION:

Run the cold water until it is clear.
Use the bathtub tap or the kitchen tap.

If your water is WHITE

Air bubbles in
the water are
harmless.



Once in the open air,
the bubbles will quickly
disappear.

> Cause:

When the temperature changes quickly from cold to warm in the spring or fall, the air in the water forms small bubbles to escape. This is harmless.

SOLUTION:

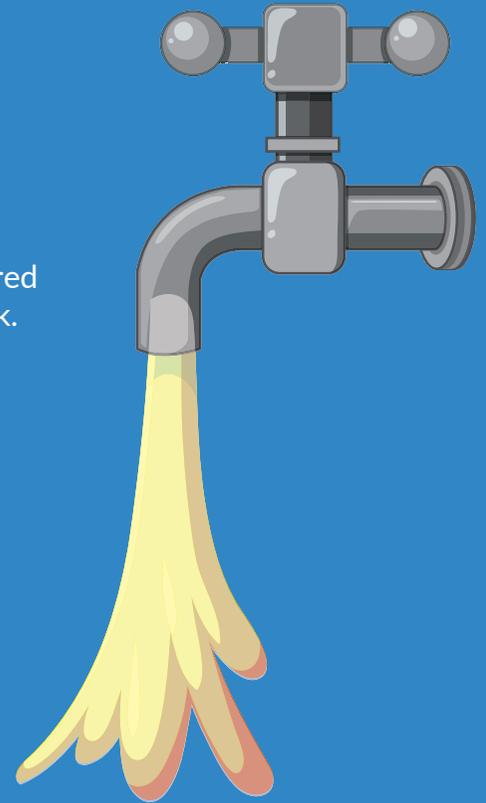
Run the water until it is clear (at least one minute).

In general, discoloured water is not dangerous.
If it is contaminated, you will receive a notice and instructions.

If you have any requests or questions concerning the plumbing,
contact the Call Centre at 514-872-6646.
If you have questions about your health, contact
Info-Santé at 811.



Office municipal
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de Montréal



In search of affordable prices!



For your vision

Bonhomme à lunettes offers affordable glasses for men, women and children. Its opticians make regular stops at a number of community organizations in and around Montreal. For service point schedules and to get more information about the documents you will need to qualify for reduced rates, call 514-303-4315 or visit their website: www.bonhommealunettes.org/en/.



For your teeth

People who don't have access to free services or dental insurance can get dental care for free or at a reduced rate.

- The Jim Lund Dental Clinic is managed by the Welcome Hall Mission. Dental care is provided by dental students from McGill University. To take advantage of this service, clients must open a file with Welcome Hall Mission by calling the Food Bank at 514-937-9317.
- The dental clinic at the Université de Montréal is open during the regular school terms, between September and April. It is important that you register in advance. To contact the dental clinic, call 514-343-6750.
- Collège de Maisonneuve offers a range of dental care services at a reasonable price through its dental hygiene diploma program. You will need to make an appointment by calling 514-787-1702.



For your hair

It is possible to get your hair cut without breaking the bank when you go to a hairdressing school. Before you go, it is important to specify that you want an appointment with a student and to ask how much it will cost.

Here are a couple of suggestions:

- Institut supérieur Mode beauté des Faubourgs, 514-596-4600, ext. 5718, located at 2000, rue Parthenais
- Saint-Laurent Academy de coiffure, 514-284-0661, located at 914, rue Sainte-Catherine Est

There are now two new barber shops in our buildings!

- Le Spot at Habitations Saint-Sulpice
- Le Salon Communautaire at the Little Burgundy Community Center



Food waste collection (compost)

The City of Montréal is gradually implementing food waste collection (compost) in all buildings with nine units or more. The goal is to reduce the amount of waste going to the landfills.

If this service is already available where you live, here are the 2 steps to follow:

1. Discard your table scraps into the small countertop bin.

You can include some types of soiled paper or cardboard: pizza boxes, soiled brown paper, paper towels, tissues and commercial coffee cups.



2. Then, regularly empty your small bin into the large brown bin.



It's that simple! You will soon notice that your garbage bin doesn't fill up as quickly.

No more foul odours from your garbage bin!

Not sure if your building has compost collection? Just ask your building manager or the maintenance and repair worker.

If you are unsure of what you can put into the brown bin, download the **Ça va où** app or call 311.

Young people in low-rent housing, always on the move!

More than 10,000 young people live in low-rent housing in Montreal. They are energetic and creative, driven by their dreams and aspirations, and they organize and participate in all kinds of projects. Here are some inspiring examples.



Marcus Ségur, who goes by his artist's name MKS, has lived in low-rent housing since his childhood. When the pandemic prevented him from practicing his favourite sports, he turned to photography and video. He picked up the know-how through YouTube videos and from meetings with other artists.

After collaborating with the OMHM over a summer to beautify the grounds of our buildings, he felt inspired by the beauty that too often goes unnoticed in low-rent housing. MKS has made it his goal to use photography to change the negative preconceptions that people sometimes have about low-rent housing: "I was born in this environment. Too often, these places and the people who live in them are associated with negative stereotypes. I want to show another reality through my work: the beauty and dignity of the people in these buildings," he says. His photos illustrate the richness and diversity of tenants' daily life as well as celebrations and events, with authenticity and sensitivity.

A young resident in low-rent housing, who goes by MKS, uses photography to illustrate the beauty of low-rent housing



Already an exhibition of his work!

At just 21 years old, there is already an exhibition of MKS' work! The "Le Plan" show opened last September at the RAM gallery,¹ with roughly forty people in attendance at the opening event. A Youth Centre representative named Mike made an emotional statement: "We watched you grow up at the Youth Centre. You continue to stay involved and take photographs of the various events. You are an inspiration for others, and we are really proud of you. Keep it up!"

A promising success

Friends, artists and experts came to appreciate MKS' work. A professor of museology at Université de Montréal was impressed by MKS' original artistic approach, noting that the artist was using film, rather than a modern, digital camera. The director of Horizon Carrière offered Marcus help to further develop his potential. Marcus also met with well-known artists, which may lead to exciting future collaborations.

The exhibition ended on November 15, but this is certainly not the last time you'll hear about MKS! Follow and support him on Instagram at @MKS_13775. He also produces and directs vlogs and video clips upon request. You can contact him at segurm120@gmail.com.

¹ The RAM (Relève artistique multidisciplinaire) Gallery, located at 5970, rue Jean-Talton Est in Montreal, is a multidisciplinary exhibition space dedicated to young artists under the age of 30. The gallery also offers free art workshops for young people aged 14 to 24, to encourage and support emerging talent in the community. The project is run by Accueil aux Immigrants de l'est de Montréal, made possible thanks to the financial support of the Ministère de l'Immigration, de la Francisation et de l'Intégration. For more information, follow the RAM Gallery on Instagram (@rammtlaiem) and Facebook (RAM - AIEM).



Le MOUV:

a year of mobilizations and transformations in Montreal's low-rent housing community

Le MOUV wants to inform you about its initiatives with young people in public housing. It offers you this summary of its latest annual report.

In 2023, Le MOUV was able to strengthen its actions and establish innovative projects with its partners and young people. These efforts have consolidated its mission and have helped improve the quality of life and increase citizen engagement within communities. Here is an overview of its goals and accomplishments.

Promoting youth mobilization and engagement

Le MOUV continued its mission to get young people involved in community life and the advisory bodies of the Office municipal d'habitation de Montréal (OMHM). There were multiple consultations and initiatives to allow young people's voice to be heard and encourage their social integration, socialization, community cohesion and personal development.

Carrying out projects in the heart of the community

The "Fais Le MOUV" project was central, reaching at-risk youth and creating spaces for dialogue. A total of 101 young people participated in arts and sports workshops that supported their personal development while reducing the risk of transgressive behaviour. Participants were able to express themselves and strengthen their sense of belonging.

Increasing access to culture and wellness

Le MOUV also organized cultural activities, such as outdoor film screenings and visual art exhibitions, to encourage cultural open-mindedness and critical thinking. Workshops on health and well-being raised awareness about healthy lifestyle habits.

Promoting responsible entrepreneurship

Le MOUV has promoted entrepreneurship among young people in low-rent housing. Young entrepreneurs had the opportunity to showcase their products at community events and act as inspiring role models for their peers. In addition, the neighbourhood greening project got young people involved in creating green spaces and raised their ecological awareness.

An incredibly positive impact

In 2023, Le MOUV improved the daily lives of young people in low-rent housing by turning challenges into opportunities and implementing concrete actions. Le MOUV's positive impact can be seen in the increase in mobilization, community engagement and the fulfilment of young people. This year reinforced Le MOUV's commitment to youth advocacy and to providing youth with opportunities for growth while making Montreal's low-rent housing more inclusive and dynamic.

An exciting future

Le MOUV plans to continue with its initiatives, such as the program "Trouve ton rythme", and introduce new projects, such as nature excursions and a retreat for young people living in low-rent housing. These initiatives will provide enriching and formative experiences and strengthen connections between youth from different neighbourhoods.

Le MOUV is constantly recruiting new members to implement initiatives. Do you want to get involved or propose projects? Contact us!

 @le_mouv_hlm

lemouvhl.ca



Le MOUV is a non-profit organization dedicated to the empowerment and fulfillment of young people living in low-rent housing. It was founded by young people living in low-rent housing and is run entirely by young people living in low-rent housing, for young people living in low-rent housing.

Together, we're boosting the potential of **young people** in low-rent housing!

Who are we?

Fondation La Clé is a foundation dedicated to helping young people living in low-rent housing in Montreal. Our mission is to help these young people succeed in their studies and reach their full potential.

We believe in them and support them on their path to academic success through our programs.

What do we do?

We help young people in low-rent housing and their families in several ways:



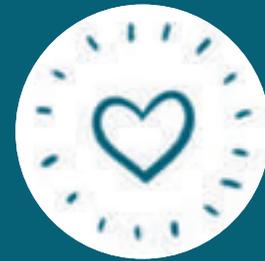
HIGH SCHOOL SCHOLARSHIPS

We give out more than 130 scholarships.



INTERNET ACCESS

We provide internet access to nearly 400 families in low-rent housing.



COMMUNITY ACTIVITIES

We fund organizations located in low-rent housing that offer homework help services, sports activities, and more.

44 % of our scholarship students graduate from high school after 5 years.

“With four kids at home, it’s important that we have access to the Internet, for homework, for entertainment, to talk to our family and friends, etc. With prices that continue to rise, it is becoming increasingly difficult to afford an internet connection at home. We would like to thank the Fondation La Clé for supporting us by taking this financial burden off our hands.”

“I’ve always dreamed of becoming an architect. Today, I have been accepted to CEGEP in the program of my choice. I think getting a scholarship helped me understand that my hard work and perseverance are the key to success. Thank you for this tremendous opportunity.”





The OMHM at your service!

7/7 - 7 a.m. to 11 p.m. / Security and emergency repairs 24/7

One number for ALL your OMHM inquiries

☎ Call Centre: 514-872-6646



For online repair requests, visit omhm.qc.ca/en/

To make things easier, you can contact the Call Centre for all your needs:

- ✓ Security
- ✓ Repairs
- ✓ Lease
- ✓ Extermination
- ✓ Maintenance
- ✓ Cohabitation
- ✓ Parking
- ✓ Building rules, etc.

TWO ADDRESSES FOR IN-PERSON SERVICES



Service Desk East

3330, boul. de l'Assomption
Montréal (Québec)
H1N 3S4



Assomption



Service Desk West

2247, rue Delisle
Bureau 300
Montréal (Québec)
H3J 1K4



Lionel-Groulx

Services offered

- ✓ Questions about your lease
- ✓ Rent payments
- ✓ Various requests and information
- ✓ Complaints



Office municipal
d'habitation
de Montréal