

We are proud to present the free activities we've developed with our partner **Sentier Urbain**.

Gardening supplies

The choice and quantity of flower boxes, plants and soil will vary depending on your category. There are two possible categories:

- Balcony** : persons who garden on their balcony. You have **21 points** to spend on the plants listed below.
- Land** : single person or group gardening on the building's common ground. Let the tenant committee or your community organizer know about your activities. You have **130 points** to spend on the plants listed below.

Contact us
 514-521-5608

cfj.omhm@gmail.com

- Get tips and workshop
- Register for tours and draws
- Order flower boxes and plants
- Unsubscribe

Find us online!

- omhm.qc.ca
- Facebook

Borough flowers and plants:
 call the City of Montréal at 311.



BALCONY
 Categorie



LAND
 Categorie

POINT
 value

Vegetables, herbs, annual flowers	✓	✓	7 points
Deciduous shrubs	X	✓	24 points
Perennials	X	✓	17 points
Grasses	X	✓	17 points
Small flower box and soil	✓	X	Max. 1 flower box (see note)
Large flower box and soil	X	✓	
Soil, compost and mulch	X	✓	Max. 25 bags

Maximum
 21 points
 per person

Maximum
 130 points
 per building



Notes :

- Small cedar flower box (34" x 16" x 15"): Ask if you never received one. The draw will take place the week of May 1st.
- Large flower box: subject to availability.

Gardening advice

(urban agriculture, planting, etc.)

We'll answer your questions (in person, by email or phone).

Workshops

We will offer group workshops of at least 5 people. If you are interested, let us know. Subjects: Our feathered friends, Growing herbs, Protecting plants, Harvesting and its many uses, container gardening, and Indoor plants.

Guided tours

1. The Sentier Urbain's community greenhouse

Tuesday, June 23 from 10 a.m. to 12 p.m.

 Frontenac Metro

2. Westmount Conservatory and Greenhouses

Wednesday, July 22 from 1-4 pm

4624 Sherbrooke W., Westmount

3. The Sentier Urbain's Circuit Jardins

Tuesday, August 18 from 1-4 pm

 Papineau Metro

4. Jardin botanique

Thursday, September 10 from 1-4 p.m.,

 Pie-IX Metro

(Pie IX and Sherbrooke entrance)

Please note:

- The Sentier Urbain's Circuit Jardins is not accessible for people who use wheelchairs.
- The activity will be cancelled in the event of heavy rain.
- Bringing a water bottle and wearing comfortable shoes is recommended.

The Flower and Garden Club stimulates urban agriculture and greening projects and promotes citizen involvement by encouraging residents to beautify their living environments.

Draw for
gifts



For: tenants taking part in the 2026 season

What: gardening kits

When: week of May 1, 2026



Sentier Urbain opened the doors of its community greenhouse to us. Their experts answered our many questions and shared gardening tips.

HAVE A GREAT 2026 SEASON!

Carried out in
collaboration with

 **Sentier
urbain**
verdir éduquer mobiliser

