



We are proud to present the activities we've developed with our partner **Sentier Urbain**.

Activities will take place as long as they comply with health measures and may therefore be changed or cancelled depending on recommendations from public health authorities.

Here are the free services available this year.

## Gardening supplies

The choice and quantity of flower boxes, plants and soil will vary depending on your category. There are two possible categories:

1. **Balcony** : residents who garden on their balcony. You have **15 points** to spend on the plants listed below.
2. **Land** : single person or group gardening on the building's common ground. Let the tenant committee or your community organizer know about your activities. You have **100 points** to spend on the plants listed below.

**Contact us**  
**514-521-5608**  
**cfj.omhm@gmail.com**

- Get tips and training
- Register for tours and draws
- Order flower boxes and plants
- Unsubscribe

### Find us online!

- [omhm.qc.ca](http://omhm.qc.ca)
- Facebook

Borough flowers and plants:  
call the City of Montréal at 311.



**BALCONY**  
Category



**LAND**  
Category

**POINT**  
value

Vegetables, herbs, annual flowers	✓	✓	5 points
Deciduous shrubs	X	✓	20 points
Perennials	X	✓	12 points
Grasses	X	✓	12 points
Small flower box and soil	✓	X	Max. 1 flower box (see note below)
Large flower box and soil	X	✓	
Soil, compost and mulch	X	✓	Max. 25 bags

Maximum  
15 points  
per person

Maximum  
100 points  
per building



- Small cedar flower box (34" x 12" x 16"): Ask if you never received one. The draw will take place the week of May 9.
- Large flower box: subject to availability.

## Gardening advice and training

(urban agriculture, planting, etc.)

- We'll answer your questions (in person or by phone).
- We offer training for groups of at least 5 people. For example, Benefits of trees and Our feathered friends, etc.

## Guided tours

### 1. Sentier Urbain's Circuit Jardins :

June 23 and September 7 from 1–4 p.m.,

📍 Berri-UQAM Metro:  
1850, rue Saint-André, Montreal

### 2. Maison Saint-Gabriel :

July 14 from 1-4 pm

📍 LaSalle Metro, 2146 Place Dublin, Montreal

### 3. Jardin botanique :

August 17 from 1–4 p.m.,

📍 Pie-IX Metro: 4051, rue Sherbrooke Est  
(Pie IX and Sherbrooke entrance)

Please note:

- The Sentier Urbain's Circuit Jardins is not accessible for people who use wheelchairs
- The activity will be cancelled in the event of heavy rain
- Bringing a water bottle and wearing comfortable shoes is recommended



Draw for  
gifts



**For:** tenants taking part in the 2022 season

**What:** gardening kit, plants or flowers

**When:** week of May 9



The Flower and Garden Club stimulates urban agriculture and greening projects and promotes citizen involvement by encouraging residents to beautify their living environments.

# HAVE A GREAT 2022 SEASON!

Carried out in  
collaboration with

